

# Scent-astic Soaps

Summer Camp at Cape Fear Community College

## Discover how to make fresh, scented soaps for yourself or as a gift!

Soap-making is a fun activity that you can do in your own kitchen with a few easily-purchased, natural ingredients. It's also a great example of chemistry in action. The ingredients used to make soaps have different properties depending on their chemical makeup, and when mixed and heated, they create unique blends that you can customize to your desired preference.

**Scent-astic Soaps** is a one-day camp where you will learn to use fresh summer fruits, herbs or citrus peels of your choice to make your own molded glycerin soaps. These soaps are great to use yourself or give as gifts to friends and family!

You will also enjoy the opportunity to learn by *doing*, under the watchful supervision of your knowledgeable instructor. Hands-on learning is a fun and engaging way to learn, and has many benefits for students:

- offering practice in problem-solving and critical thinking
- allowing the use of all five senses
- building fine motor skills
- encouraging students to be creative
- producing a finished-product—inspiring confidence, pride and the inspiration to try other new things

**Ages:** 11 - 13 years old  
**Dates/Times:** Monday, June 28, 2021 8 am-noon  
Monday, July 12, 2021 1-5 pm  
Monday, August 2, 2021 1-5 pm  
**Location:** Wilmington Campus  
**Registration:** \$49\*

\*Additional supplies required; see supply list, other side.



For more details, contact  
910.362.7199 or [enrich@cfcc.edu](mailto:enrich@cfcc.edu)  
[www.cfcc.edu/summercamp](http://www.cfcc.edu/summercamp)



# Scent-astic Soaps

Summer Camp at Cape Fear Community College

## Camp Curriculum

In this one-day, four-hour camp, students will:

- learn to safely cut and prepare the natural ingredients of their choice (such as fruits, herbs and peels) to use in making own custom-blended, personalized soap recipe
- help in the separation and melting of glycerin (under the watchful supervision of their instructor)
- work with molds to shape their soaps

## Supply List

Students will need to bring:

- two small, empty yogurt containers
- one cup of the following: berries, herbs or citrus peels of their choice

A glass bowl, chopper, heating element (table-top stove burner), cooking spray, paper towels, plastic wrap, rubbing alcohol and glycerin will be provided for the class.



## Safety Precautions

**PLEASE NOTE:** Previous experience is not required, but children should understand that they must use care and caution around the heating equipment (table-top stove burner) used in class. Safety is our highest priority. Campers must be willing to follow instructions and behave properly in the classroom. Inappropriate horseplay or repeated refusal to follow safety instructions will not be permitted. Students who are dismissed from camp due to safety concerns will not receive a refund. Please assess your child's maturity, attention span and reasoning skills before you register.

## Snack Breaks

We recommend that you pack a protein-rich snack and a drink for your child. **If you have also registered for an additional morning or afternoon camp session**, you will need to include additional lunch items, snack items and drink(s). Please pack perishables on ice, as campers will not have access to a refrigerator. Please notify us at the time of registration if there are known food allergies, intolerances or health issues of which camp staff should be aware.

## Dress Code

Students should wear comfortable clothing and closed-toed shoes. Masks and social distancing may also be required, depending on current guidelines from the NC Community College System.



## About Your Instructor

**Cheryl Saba** loves the creative process of turning simple objects into useful and beautiful accessories and decorative home items. Cheryl has been a professional college-level English teacher for almost twenty years, but also loves introducing people to her hobbies, often hosting sewing and craft parties. Her philosophy is that we can all create beauty through hand and heart.